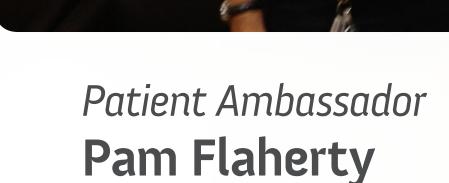


I'm back to

traveling and exercising without pain!

Each day, I was able to walk further in my neighborhood and gain more confidence.



Back Surgery Patient
65-YEARS-OLD

procedure

**eXtreme Lateral**Interbody Fusion (XLIF®)

procedure date

To speak to one of Dr. Oshtory's Patient Ambassadors, like Pam, call **1.800.745.7099** 

To learn more about The Better Way Back®, visit www.TheBetterWayBack.org



## there is LIFE after back surgery



To learn more about the XLIF procedure, visit WWW.NUVASIVE.COM.

As with any spine surgery, there are potential benefits and possible risks associated with the XLIF procedure. Individual results will vary. It is important that you discuss the possible risks and potential benefits of XLIF with your doctor prior to receiving treatment, and that you rely on your physician's judgment. Only your doctor can determine whether you are a suitable candidate for this procedure.

Patient Ambassadors are non-paid volunteers and can only speak about their own experiences. Your experience may be different. Patient Ambassadors do not represent their surgeons or NuVasive®, Inc. and they are not

medical professionals. Information you receive from Patient Ambassadors cannot replace the relationship that you have with your healthcare professional.